

April 12, 2000

Barbara Heine, PT, HPCS  
President, American Hippotherapy Association  
5001 Woodside Road  
Woodside, CA 94062

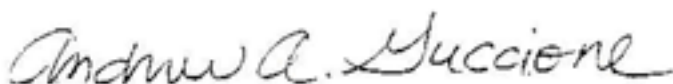
Dear Ms. Heine:

The APTA recognizes that hippotherapy is a treatment tool in which the movement of the horse and related activities are used to address impairments and functional limitations in patients primarily with neuromusculoskeletal dysfunction in order to achieve functional outcomes. Within the 1997 *Guide to Physical Therapist Practice* hippotherapy is not specifically mentioned because it is considered a treatment tool under the specific direct intervention of therapeutic exercise. In this context, therapeutic exercise uses a horse, where the horse should be regarded similar to a piece of equipment and not the treatment itself. The Guide does not mention any particular piece of equipment in its description of therapeutic exercise, but states that therapeutic exercise may include “balance and coordination training; motor function training or retraining; neuromuscular education or re-education; neuromuscular relaxation, inhibition and facilitation; perceptual training; posture awareness training; and sensory training or retraining.”

It is appropriate for physical therapy services that include hippotherapy as a treatment tool to be billed as neuromuscular education, therapeutic exercise or therapeutic activities depending on the way in which the horse is used in the treatment session, assuming all other payer requirements are met.

The physical therapist is responsible for designing a plan of care that is based upon an examination and evaluation of the patient. In cases where a physical treatment plan and goals utilize a horse to assist in achieving those goals, the services rendered by that physical therapist, in such a context, should be recognized as physical therapy intervention. It is understood that the use of the horse as a treatment tool should be considered no differently than any other treatment tool applied to other interventions within the scope of physical therapist practice. In contrast, therapeutic horseback riding in which the goal is to achieve the skill of riding or other equine-related activities, is not considered physical therapy intervention.

Sincerely,



Andrew A. Guccione, PT, PhD, FAPTA  
Senior Vice President  
Division of Practice and Research