

Faculty

Pippa Hodge, BSR, SCSP, MCPA, HPCS

Speaker Disclosure: Financial: Lori is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Lori is a member of the AHA, Inc.

Lesley Lautenschlager, MS, OTR, HPCS

Lesley has been involved in the equine assisted activity field since 1984. She earned her Master of Science degree from University of Indianapolis and has been incorporating the use of the horse as a therapeutic tool since 1989. Lesley was responsible for incorporating the special needs riders into the Hamilton County 4-H Horse and Pony project which successfully completed its first year in 1999. She has served on the Indiana Governor's Council for Infants and Toddlers, Board of Directors for the Agape Therapeutic Riding Center, Indiana Equine Assisted Program Committee and on the Board of Directors for AHA, Inc. Lesley has practiced in the areas of industrial rehabilitation, upper extremity rehab, pediatrics with focus on sensory integration and in the acute care setting. Speaker Disclosure: Financial: Lesley is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Lesley is a member of the AHA, Inc.

Course Location



Hellenic Therapeutic
Riding Center Serres Neos
Skopos
Municipality Emm. Pappas

Travel Information

Nearest Airport: Thessaloniki GSK and there are connections between Athens and Thessaloniki GSK.

Lodging Information

Lodging is included in the course fee. Bed in a hostel with 20 beds spared in three rooms nearby kethis and in the center of the village called Neos Skopos
Breakfast and Lunch are included.

A Certificate of Attendance will be provided. Contact hours are 27 hours. Courses are not pre-approved for continuing education credit(s) unless otherwise indicated.

Registration Information

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

All attendees will receive a hard copy of the AHA, Inc. Hippotherapy Treatment Principles - Part 1 course manual. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 190 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

The criteria for satisfactory completion of this course are: (1) documented attendance for the entire course, (2) learners' demonstration of their acquisition of skills through satisfactory completion of interactive practicums and/or active participation in course discussions; and (3) completion of the course evaluation form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

A Certificate of Attendance will be provided. Contact hours are 27. There are no continuing education credits for the Equine Skills pre-requisite. Students will receive continuing education credits for the one day online module.



American Hippotherapy Association Inc.
Presents

Hippotherapy

Treatment Principles –

Part I

Hellenic Therapeutic

Riding Center

September 23-26, 2021



Email registration form to:
kethiser@yahoo.gr

Course Description

Course prerequisite: Successful completion of the on-line “Intro to Equine Skills” test reviewing equine care and management. Completion of the course prerequisite must be done at least 3 weeks prior to the start of the Hippotherapy Treatment Principles – Part 1 course. AHA, Inc. staff will confirm with that the test has been completed and passed. The cost of the test included in the course tuition. You will be contacted by the AHA, Inc. office in regards to test enrollment.

Course Overview: This course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The course is equivalent to 4 days total instruction.

Hippotherapy Treatment Principles – Part 1 Learning Objectives and Outcomes:

Occupational therapists, physical therapists, and speech therapists taking this course will gain an understanding of the principles, history, theory and research of the application of hippotherapy --skilled equine movement--as a treatment strategy/tool within a plan of care (POC) in OT, PT and SLP practice. Therapists will observe and analyze a therapy treatment with skilled equine movement, and discuss the adaptive responses in the patient. Therapists will be introduced to skilled equine movement and the effect of the horse’s conformation and movement on the systems of the human body for implementation in a POC for a variety of diagnoses and patients. The following learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

Learning Outcomes:

- Therapists will be able to define the term hippotherapy, skilled equine movement and identify at least 3 primary principles of hippotherapy.
- Therapists will be able to list and describe at least 5 key considerations in patient evaluation for determining if hippotherapy, skilled equine movement, should be included in a patient’s Plan of Care.
- Therapists will be able to list and describe at least 6 precautions/contraindications that should be considered when deciding on the inclusion of

hippotherapy, skilled equine movement into a patient’s plan of care and describe appropriate safety procedures during intervention.

- Therapists will be able to list and describe the 5 primary parameters with respect to matching patient impairment, size and functional limitation and horse size, gait and temperament for optimal and safe incorporation of skilled equine movement into a POC to maximize functional outcomes.
- Therapists will be able to describe the effect of skilled equine movement on at least 3 different patient diagnoses as related to their systems impairment, participation restriction and functional outcomes through participation in a treatment planning practicum.
- Therapists will demonstrate correct documentation in writing treatment and progress notes related to the current use of equine movement in OT, PT and SLP practice.
- Therapists will be able to list 3 examples of how the therapist using skilled equine movement incorporates the AHA Best Practice Guidelines into practice.
- Therapists will be able to cite 3 current research articles applicable to hippotherapy, skilled equine movement.

Basic Course Schedule:

Day 1

9:00	Registration
9:30	Welcome/ Introductions
10:00	Overview of HPOT: Why the Horse? Objectives, Therapist Responsibilities Handling/Leading safety
10:30	Basic Handling/Safety
10:45	Leading w/o horses
11:00	Leading – w/ horses Cross tie/ quick release for a horse
11:30	BREAK
11:45	Basic Gaits, Key Elements of Equine Movement
12:15	Movement Demo- Basic Gaits
12:30	Grooming / Hoof Care Tacking Demo/Practicum- Application for Therapy
1:30	LUNCH
2:30	Conformation related to HPOT
3:00	Conformation / Movement Analysis Practicum

4:00	BREAK
4:15	Equine Psychology/Behavior Sensory function, Stress/Burn out
4:45	Horse Care / Management
5:15	Training and Conditioning
5:45	Review Objectives

DAY 2

9:00	Overview, Objectives
9:15	Horse/Human Interaction
10:00	Movement mounted practicum
11:30	BREAK
11:45	Human Systems as Related to HPOT
1:15	LUNCH
2:15	Human Movement and Function Gait, Postural Control, Speech and Language
4:00	Unique Contributions of Equine Movement

4:15 BREAK

4:30	Selecting the Patient Precautions /Contraindications, Absolute Contraindications
5:30	Evaluating the Patient
6:00	Discussion/Questions

Day 3

9:30	Selecting the Therapy Horse
10:15	Equipment Options/Impact
11:00	Helmet Use and Fit
11:15	BREAK
11:30	Transitioning On/Off the Horse Transitioning Demo
12:30	Emergency Procedures / patient handling Demo of Emergency
1:15	LUNCH
2:15	School Figures/Effects of Movement
2:45	BREAK
3:00	Treatment Progression Alternate Positions and Effects Alternative positions Demo
4:00	Tandem HPOT Applications/Issues
4:15	Facility Suitability/Safety
4:45	Paper Patient Group Work
5:45	Discussion/Questions

Day 4

9:00	Review Muddy Points
9:30	Video of Patient Demos
10:00	Group work-Treatment Plan for Demos
10:45	Presentation of Tx Plan
11:45	Business Issues – Business Models Quality Assurance, Reimbursement Documentation

1:00	Lunch
2:15	Patient Demonstration
3:15	Patient Demonstration
4:00	Group Discussion and review of Patient Demos
4:45	Practical Considerations AHCB Credentials - Registration, Certification, Research
5:30	Wrap Up/Review Objectives/ Course Certificates

This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). There is no participant substitutions due to the pre-requisite requirement. The curriculum may be utilized only under conditions set forth by AHA, Inc.

Registration Form – HTP – Part I September 23-26, 2021

Name: _____

Address: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc. **Please notify the facility prior to the start of the course**

Registration is limited.

€800.00 Euro/\$897.00 USD

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____