The following is a list of published articles which describe the inclusion of hippotherapy in occupational therapy, physical therapy or speech language pathology service delivery. Please note that terminology varies, and articles may use terminology that is not consistent with the AHA Inc. Terminology Guidelines. In addition, some of the articles may describe the inclusion of both recreational activities and therapies that incorporate equines. Thoughtful consideration should be taken when reviewing and interpreting findings. New articles are represented with an * in the list below.

**Literature & Systematic Reviews**

According to the Cochrane Consumer Network, “A systematic review summarizes the results of available carefully designed healthcare studies (controlled trials) and provides a high level of evidence on the effectiveness of healthcare interventions. Judgements may be made about the evidence and inform recommendations for healthcare. These reviews are complicated and depend largely on what clinical trials are available, the quality of the methodology, and the health outcomes that were measures. Review authors pool numerical data about effects of the treatment through a process called meta-analyses. Then authors assess the evidence for any benefits or harms from those treatments. In this way, systematic reviews are able to summarize the existing clinical research on a topic” (The Cochrane Collaboration, http://consumers.cochrane.org/what-systematic-review, 2017).


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This section includes articles that use scientific research and inquiry methods that include more than one research participant.


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hypertonia caused by an autonomic imbalance in children with spastic cerebral palsy. 
*Kitasato Medical Journal, 43, 67–73.*

https://doi.org/10.1111/j.1469-8749.2011.03951.x


**Peer-reviewed case studies**

This section includes articles that are single case studies (i.e. one participant). These articles are more difficult to generalize to large populations, but provide useful information and were conducted in a scientific manner.


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ARTICLES & BOOK CHAPTERS

These studies or articles were published in non-peer reviewed magazines or as chapters of a book, which collected early clinical observations. The information provided is not always what is supported by clinical trials/evidence.


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Hill, E. (2020). *Animals as intervention: How schools are making use of animals as part of their educational provision*. [Other, University of Essex & Tavistock and Portman NHS Trust]. [http://repository.essex.ac.uk/28615/](http://repository.essex.ac.uk/28615/)


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