

AHA, Inc. Faculty

Lisa Harris, MVS, PT, HPCS
Lisa practices physical therapy at Cardinal Hill Rehabilitation Hospital in Lexington, Kentucky where she incorporates hippotherapy through a partnership with Central Kentucky Riding for Hope. Lisa has both a MS in Physical Therapy and Veterinary Science, specializing in equine biomechanics. She is a hippotherapy clinical specialist and has served on the AHA board as vice president, research chairperson and newsletter editor. She is currently on the AHA board as the education chair. She is a PATH, Intl. Advanced therapeutic riding instructor and graduate 'A' pony clubber who has evented through the Intermediate Two Star Level and has coached young riders through the Preliminary level.

Location



Saddle-Up!
1549 Old Hillsboro Road
Franklin, TN 37069

Travel Information

Airport: Nashville International Airport

Saddle Up! is located approximately 30 minutes south of Nashville. GPS is good about getting you to Saddle Up!. If you are coming from the north and will be turning left into our driveway and accidentally skip our driveway, please drive down a few houses before you turn around to come back. Our immediate neighbor on that side does not like people turning around in her driveway. We ask that you leave the front row of parking spots for Saddle Up! clients. You are welcome to park anywhere else in the lot.

Lodging Information

- Hampton Inn – (615) 373-2212

- Baymont Inn and Suites – (615) 376-4666
- Homestead Studio Suites – (615) 771-7600
- Marriott Inn – (615) 261-6100
- Embassy Suites Franklin – (615) 515-5151

How does a Therapist use Equine Movement?

Physical Therapists, Occupational Therapists and Speech Language Pathologists integrate carefully graded equine movement into treatment services. They combine equine movement and traditional therapy techniques (i.e. NDT, PNF, task-oriented motor learning, and sensory integration) in an integrated treatment plan to achieve functional outcomes.

When utilizing Hippotherapy treatment strategies, the patient engages in interventions designed to challenge balance, increase stability, integrate sensory information and interact with the environment. In this controlled therapy environment, the therapist directs the horse's movement and carefully grades the sensory and motor input. In a PT, OT or Speech treatment session which incorporates Hippotherapy as one of the treatment strategies the patient benefits from a foundation which is established through the carefully graded movement of the horse to improve neurological function and sensory processing. This foundation can be generalized to a wide range of daily activities.

Therapists in the United States have used carefully graded movement of the horse for treatment since the 1970's and it is currently utilized in 24 countries around the world.

Go to the American Hippotherapy Association, Inc. (AHA, Inc.) website:
www.americanhippotherapyassociation.org



American Hippotherapy Association
Inc.
Presents

**The Horse Connection:
Maximizing Your Horse's
Movement
Course Location &
Dates:
Saddle-Up!
May 17-19, 2020**



Course Description:

This 2.5 day advanced level hands-on course is designed for the horse handler involved in PT, OT or Speech Therapy treatments integrating Hippotherapy into the plan of care. As well as the equine specialist or owner interested in learning how to teach a horse to long line. The horse handler can be a PATH Instructor, equine specialist, horse trainer, therapist or volunteer who is part of the Hippotherapy team or horse person who has basic lunging and ground skills. The curriculum may be used only under conditions set by AHA Inc.

Intended Audience:

Horse Handlers for Hippotherapy, PATH Instructors, Equine Specialists, Horse Trainer, Volunteer, Therapist or any horse person with basic ground handling and lunging skills

Course Objectives

- Demonstrate a thorough knowledge of all safety aspects of lunging and long lining.
- Demonstrate a clear understanding of the fit, care and application of all the equipment.
- Ability to produce quality movement on straight lines and school figures when long lining.
- Demonstrate ability to grade movement at the walk on long lines.
- Understand the concept of starting a horse on long lines.
- Understand the principles of alternative leading methods.
- Demonstrate the ability to teach a novice person to correctly lead a horse for a Hippotherapy session.

The curriculum may be utilized only under conditions set forth by AHA, Inc.

Important Information

******Certificates of attendance** with contact hours will be provided to all participants to submit to their individual professional organizations for continuing education credit. 16 contact hours are available for this course. Courses are not “pre-approved”.

******Cancellation Policy:** AHA, Inc. and the host facility reserve the right to adjust program dates, times and faculty to accommodate unforeseen circumstances; we will only notify advanced registrants of any program changes. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments. AHA, Inc. and the host facility reserve the right to cancel a course due to insufficient enrollment or unforeseen circumstances up to 2 weeks prior to start of the course. If a participant wishes to cancel; cancellation notices must be provided in writing from participants up to 2 weeks prior to the course start date to receive a refund minus a \$50 administrative fee. No refunds will be given for cancellations received within two weeks prior to the start of the course.

REGISTRATION INFORMATION

Name: _____

Address: _____

City/ State/ Zip: _____

Phone: _____

Email: _____

AHA, Inc. Member # _____

Profession / State / License # _____

AHA, Inc. Manuals, Breakfast and Lunch are provided.

Early registration (before April 28, 2020)

\$ 350.00 (AHA, Inc. Member)

\$ 475 (Non-AHA, Inc. Member)

After April 28, 2020

\$ 375 (AHA, Inc. Member)

\$ 500 (Non-AHA, Inc. Member)

Check

Credit Card

Name on Card _____

Exp. Date _____

Billing Zip Code _____

Security Code _____

