

Faculty

Lori Garone, PT, MS, HPCS, DCE is a Board Certified Clinical Specialist in Hippotherapy and Director of Clinical Education at South University Virginia Beach PTA Program. She graduated in 1990 from Touro College of Health Sciences, Bachelor Degree in Community Health and Master's Degree in Physical Therapy. Her specialties include, Pediatrics, NDT Trained, Pediatric Myofascial Release and Cranio Sacral, Brain Gym, Bal-A-Vis-X, Manual Therapy, Hippotherapy and Aquatic interventions. Lori had a physical therapy private practice on Long Island, New York for approximately 30 years incorporating the above interventions into her treatments for the pediatric population. She represented the United States at the First Symposium of Physiotherapists and Riding Instructors in Surry England in 1991 and was Clinical Director of Milligan Hill at The Center for Discovery in Harris NY from 2001-2005. She also was Interim Executive Director and Therapy Services Director at NCEFT from 2005 -2007.

Lori is presently Director of Clinical Education at South University, Virginia Beach, PTA Program. She has been the recipient of 2010 Woman of the Year Distinguished Woman Award, Oyster Bay, Long Island, New York for the work done in the Health Care Industry and in 2013 the AHA Inc. Barbara Glasow Therapist of The Year Award for service incorporating hippotherapy into therapy. She has been serving on the AHA, Inc. Board since 1996-2010 served as Vice President, Education Chairperson, Standards and Practice Chairperson, Nominating Committee, Conference Committees. She is presently continuing to serve of the AHA Inc. Board and is the new Education Chairperson. **Speaker Disclosure: Financial: Lori Garone is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Lori Garone is a member of the AHA, Inc.**

Course Location



672 Naff Rd, Boones Mill, VA 24065

Lodging/Travel Information

Hilton Roanoke VA 540.776.3400

Holiday Inn Roanoke VA 540.774.4400

Airport: Roanoke/Blacksburg Regional Airport.

Registration Information

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

All attendees will receive a hard copy of the AHA, Inc. Hippotherapy Treatment Principles - Part 1 course manual. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 180 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

The criteria for satisfactory completion of this course are: (1) documented attendance for the entire course, (2) learners' demonstration of their acquisition of skills through satisfactory completion of interactive practicums and/or active participation in course discussions; and (3) completion of the course evaluation form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.



The American Occupational Therapy Association, Inc. APPROVED PROVIDER PROGRAM

"AHA, Inc. is an AOTA Approved Provider of continuing

education. Provider #: 11414. Full attendance at this course qualifies for 27 contact hours or 2.7 AOTA CEUs in the Category of Domain of OT, Occupational Therapy Process, and Professional Issues . The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Introductory."



American Hippotherapy Association, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speechlanguage pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program is offered for 2.55 ASHA CEUs (Introductory level, Professional area).

A Certificate of Attendance will be provided. Contact hours are 27. There are no continuing education credits for the Equine Skills pre-requisite. Students will receive continuing education credits for the one day online module. **This course is approved for CEU's for PT and PTA's in NY, FL, and RI.**



American Hippotherapy Association Inc.
Presents

Hippotherapy Treatment Principles – Part I Healing Strides July 24-26, 2020



Please email or mail registration information to AHA Inc.

mwood@theahainc.org

2537 Research Blvd. Suite #203

Fort Collins, CO 80526

Course Description

Course prerequisite: Successful completion of the on-line “Intro to Equine Skills” test reviewing equine care and management. Completion of the course prerequisite must be done at least 3 weeks prior to the start of the Hippotherapy Treatment Principles – Part 1 course. AHA, Inc. staff will confirm with that the test has been completed and passed. The cost of the test included in the course tuition. You will be contacted by the AHA, Inc. office in regards to test enrollment.

Course Overview: This course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The course is equivalent to 4 days total instruction: 1 day of on-line study prior to 3 days of in person instruction. The on-line study consists of foundational information required for an understanding of the principles of hippotherapy.

Hippotherapy Treatment Principles – Part 1 Learning Objectives and Outcomes:

Occupational therapists, physical therapists, and speech therapists taking this course will gain an understanding of the principles, history, theory and research of the application of hippotherapy --skilled equine movement--as a treatment strategy/tool within a plan of care (POC) in OT, PT and SLP practice. Therapists will observe and analyze a therapy treatment with skilled equine movement, and discuss the adaptive responses in the patient. Therapists will be introduced to skilled equine movement and the effect of the horse’s conformation and movement on the systems of the human body for implementation in a POC for a variety of diagnoses and patients. The following learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

Learning Outcomes:

- Therapists will be able to define the term hippotherapy, skilled equine movement and identify at least 3 primary principles of hippotherapy.
- Therapists will be able to list and describe at least 5 key considerations in patient evaluation for determining if hippotherapy, skilled equine

movement, should be included in a patient’s Plan of Care.

- Therapists will be able to list and describe at least 6 precautions/contraindications that should be considered when deciding on the inclusion of hippotherapy, skilled equine movement into a patient’s plan of care and describe appropriate safety procedures during intervention.
- Therapists will be able to list and describe the 5 primary parameters with respect to matching patient impairment, size and functional limitation and horse size, gait and temperament for optimal and safe incorporation of skilled equine movement into a POC to maximize functional outcomes.
- Therapists will be able to describe the effect of skilled equine movement on at least 3 different patient diagnoses as related to their systems impairment, participation restriction and functional outcomes through participation in a treatment planning practicum.
- Therapists will demonstrate correct documentation in writing treatment and progress notes related to the current use of equine movement in OT, PT and SLP practice.
- Therapists will be able to list 3 examples of how the therapist using skilled equine movement incorporates the AHA Best Practice Guidelines into practice.
- Therapists will be able to cite 3 current research articles applicable to hippotherapy, skilled equine movement.

Basic Course Schedule:

Day 1

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| 7:30 | Registration & Introductions - Discuss therapy and equine background |
| 8:15 | Review Objectives (need for continuing education credits) Hippotherapy – Rationale and the AHA description, Horse Gaits, Desirable Qualities of Equine Motion, Aspects of the Horse’s walk that can be manipulated, Training and Maintenance, Horse Handling |
| 9:15 | Conformation and Movement Analysis of 3 – 4 horses |
| 10: 15 | BREAK |
| 10:30 | Human and Horse Movement Interaction Posture and Balance |
| 12:30 | LUNCH |
| 1:15 | Tour of facility Tour of Facility and Tack Room |

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| 1:30 | Horse Handling and Safety Demonstration |
| 2:15 | Leading Demo and Practicum |
| 3:15 | BREAK |
| 3:30 | Mounted Practicum #1 opportunity to experience 3 dimensions of motion |
| 4:30 | Review and Discussion |
| 5:00 | End of Day |

Day 2

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|--------------|---|
| 8:00 | Faculty demonstration and Participant practicum – Motor Tasks and Impairment |
| 10:00 | BREAK |
| 10:15 | Theory of Dynamic Systems |
| 11:00 | Practice Transfers with horses - Practice Emergency procedures, Side walker training, working with Horse Handler |
| 12:00 | LUNCH |
| 12:45 | Mounted Practicum # 2 |
| 1:45 | Review of mounted practicum as a treatment session Horse Selection and Patient Selection; Unique Contributions of the Horse; Position Options and Alternative Positions |
| 3:15 | BREAK |
| 3:30 | GROUP WORK – Treatment Teams develop treatment plan for a paper patient |
| 5:00 | End of Day |

Day 3

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|--------------|---|
| 8:00 | Treatment Plan Presentations – Group Discussions |
| 9:15 | Practicum - Position Options & Alternative Positions |
| 10:45 | BREAK |
| 11:00 | Review of ICF model |
| 12:00 | LUNCH |
| 12:45 | Patient Demonstrations |
| 2:00 | Discuss Patient Demonstrations and their observations; Review AHA and PATH Relationship; AHCB and credentialing; Review other AHA Courses; Final Question and Answer discussion |
| 3:00 | End of Day |

This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). **There is no participant substitutions due to the pre-requisite requirement.**

The curriculum may be utilized only under conditions set forth by AHA, Inc.

Registration Form – HTP – Part 1 July 24-26, 2020

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc. **Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

Registration is limited.

Early registration on or before July 3

_____ \$850.00 for AHA, Inc. Member

_____ \$950.00 for Non-AHA, Inc. Member

After July 3

_____ \$925.00 for AHA, Inc. Member

_____ \$1,025 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____