

## Faculty

### Karen Gardner MOT, OTR, HPCS

Karen has a Master's degree in Occupational Therapy and is the owner of Silver Lining Therapy, LLC in Texas. She is an AHA Faculty member, Hippotherapy Clinical Specialist (HPCS), PATH-Intl Master Instructor and Driving Instructor. She is an adjunct professor for the OTA Program at Lone Star College. Karen is certified in Natural Lifemanship Trauma Focused Equine Assisted Psychotherapy (TF-EAP) Therapy specialties include sensory integration, aquatic, DIR Floortime and NDT. She presents at local, state and national conferences on a variety of topics within OT, hippotherapy, adaptive riding and horse training. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. Karen is a past President and former Board Member of the American Hippotherapy Association, Inc.

**Speaker Disclosure: Financial: Karen Gardner is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Karen Gardner is a member of the AHA, Inc.**

### Lisa Harris, MSVS, PT, HPCS

Lisa practices physical therapy at Cardinal Hill Rehabilitation Hospital in Lexington, Kentucky. She also owns and operates a private practice which incorporates hippotherapy as a treatment tool. Lisa has both a MS in Physical Therapy and Veterinary Science, specializing in equine biomechanics. She is a hippotherapy clinical specialist and has served on the AHA board as vice president, research and education chairperson and newsletter editor. She is a PATH, Intl. Advanced riding instructor and graduate 'A' ponyclubber who has evented through the Intermediate Two Star Level and has coached young riders through the Preliminary level

**Speaker Disclosure: Financial: Lisa Harris is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program.**

**Non-Financial: Lisa Harris is a member of the AHA, Inc.**



## Course Location

Windridge Therapeutic Equestrian Center  
593 Windridge Rd, Gilmer, TX 75645

## Travel Information

Windridge is located approximately three hours from the Dallas/Ft. Worth Intl. Airport, an hour and a half from Shreveport La. (SHV) and forty-five minutes from the East Texas Regional Airport, Longview (GGG). Transportation to and from the facility will need to be made by the participants.

## Lodging Information

Hilton Garden Inn- 905 E. Hawkins Pkwy, Longview TX  
(903-212-3000)  
Holiday Inn- 300 Tuttle Circle, Longview, Tx  
(903-663-6464)  
La Quinta- 908 E. Hawkins Pkwy, Longview, Tx  
903-663-661



"AHA, Inc. is an AOTA Approved Provider of continuing education. Provider #: 11414. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs in the Category of Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate."



"AHA, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs the assignment of ASHA CEUs does not imply endorsement of course content, specific products, or clinical procedures. Course Level: Intermediate."

A Certificate of Attendance will be provided. Contact hours are 27 hours. Courses are not pre-approved for continuing education credit(s) unless otherwise stated

This course is approved for CEU's for PT and PTA's in

NY, FL, and RI.

## Registration Information.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Part II. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 180 lbs., you may be excused from any mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

**Cancellation Policies:** AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

**This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). There is no participant substitutions due to the pre-requisite requirement.**

**The curriculum may be utilized only under conditions set forth by AHA, Inc.**



American Hippotherapy Association  
Inc.  
Presents  
**Part II – Hippotherapy  
Treatment Principles**  
**Windridge Therapeutic  
Riding Center**

**August 11-14, 2020**



Please email or mail registration information to AHA Inc.  
[mwood@theahainc.org](mailto:mwood@theahainc.org)  
2537 Research Blvd. Suite 203  
Fort Collins, CO 80526

## Course Description

This curriculum is the follow up to AHA, Inc. Treatment Principles– Part I, with an emphasis on patient treatment and more advanced equine knowledge necessary for hippotherapy as an equine discipline. Lecture, discussion, collaborative work and actual patient treatment occur over 4 days.

Subjects include: recognizing desirable conformation, soundness, and movement qualities of the therapy horse; training, conditioning and monitoring of the therapy horse; understanding optimization of the therapy horse for a patient treatment; with emphasis on safety principles. Students will learn to identify and convey to the horse handler the necessary skills required to produce quality movement in the hippotherapy horse in patient treatment and understand the need to educate and train staff and/or volunteers who will be working with the therapy horse.

This curriculum is designed to provide and facilitate a problem solving treatment approach, using actual patients currently involved in hippotherapy as part of their physical, occupational or speech therapy treatment plan. Practical applications of the AHA Conceptual Framework, including Dynamic Systems and Motor Learning Principles will be facilitated.

Treatments will be videotaped and reviewed with discussion and instructor feedback to analyze and further advance the learning experience. Content will include information necessary to successfully incorporating equine movement as a treatment tool into therapy practice. The learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

## Course Schedule

<b>Day 1</b>	
8:00	Introduction
8:30	Horse Movement/Patient Response
9:00	Hippotherapy Conceptual Framework
<b>10:00</b>	<b>Break</b>
10:15	Analysis of the Therapy Horse
11:15	Effects of Good Horse Handling.
<b>12:00</b>	<b>Lunch</b>
12:45	Halter Leading Practicum
1:30	Equipment Options in Leading
<b>2:15</b>	<b>Break</b>
2:30	Safety Rules and Side Walking Protocols.
3:15	Matching Horse to Patient
3:45	Review Patient Videos/Descriptions
4:30	Equipment Options
5:15	Wrap up
<b>Day 2</b>	
8:30	Questions/Review
9:30	Dynamic Assessment
<b>10:00</b>	<b>Break</b>
10:15	Demo of Lunging/Long Lining
10:45	Long Lining Practicum-Horseless
11:15	Develop Treatment Plans
<b>12:15</b>	<b>Lunch</b>
1:00	Patients 1,2,3 Observation practicum (non-treating therapists)
<b>2:15</b>	<b>Break</b>
2:30	Patients 4,5,6 Observation practicum (non-treating therapists)
4:00	Video review
5:30	Wrap up
<b>Day 3</b>	
8:30	Questions/Review
8:45	Long Lining Practicum
10:00	Long Lining/Leading –Evaluation Practicum
<b>10:45</b>	<b>Break</b>
11:00	Horse Training and Performance
11:45	Meet to modify treatment plans
<b>12:15</b>	<b>Lunch</b>
1:00	Patients 1,2,3 Documentation (non-treating therapist)
<b>2:15</b>	<b>Break</b>
2:30	Patients 4,5 Documentation (non-treating therapists)
3:45	Discussion/Review of Videos
5:15	Wrap up

### Day 4

8:30	Questions/Review
8:45	Billing/Coding/Business issues
<b>10:00</b>	<b>Break</b>
10:15	Standards of Practice and AHCB Certifications
<b>11:15</b>	<b>Lunch</b>
11:45	Evidence Based Practice/Research,
12:15	AHA Resources
1:00	Review Objectives
1:45	Course Evaluations
2:15	End

## Learning Outcomes

### AT CONCLUSION OF COURSE, STUDENTS WILL BE ABLE TO:

*Explain the application of five tenets of the Hippotherapy Conceptual Framework when developing a treatment plan that incorporates equine movement and assessing treatment results towards functional outcomes.*

*Identify and explain the rationale for five components of treatment planning, implementation and modification with the use of hippotherapy/skilled equine movement in a realistic treatment scenario.*

*Describe three examples of effective use of skilled equine movement to address identified patient impairments during participation in therapy session practicums.*

*Describe two treatment criteria to establish when hippotherapy/skilled equine movement is no longer the most effective treatment tool/strategy to achieve established patient goals.*

*List and describe five components of the AHA, Inc. Best Practice Guidelines that can guide clinical practice when hippotherapy/skilled equine movement is incorporated into the Plan of Care.*

*Identify the professional relationships between AHA, Inc. and its educational offerings, PATH Intl., and the AHCB by giving 3 examples of how these relationships impact Best Practice when incorporating hippotherapy as a treatment tool into a therapy plan of care.*

## Registration Form – Part II

**August 11-14, 2020**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #: \_\_\_\_\_

New memberships are accepted.

Join today at [www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials to be listed on course certificate:**

\_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Special needs, mobility restrictions, diet, etc.

**Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

### Registration is limited.

Early registration on or before July 21, 2020

\_\_\_\_\_ \$950.00 for AHA, Inc. Member

\_\_\_\_\_ \$1,050.00 for Non-AHA, Inc. Member

After July 21, 2020

\_\_\_\_\_ \$1,050.00 for AHA, Inc. Member

\_\_\_\_\_ \$1,150 for Non-AHA, Inc. Member

\_\_\_ Check - payable to AHA Inc.

\_\_\_ Charge MC VISA AM EX

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing zip code \_\_\_\_\_